



St Paul's School

Lunch – Week 1

	Soup of the Day	Mains	Daily Options	Sides	Simple Salads & Deli	Dessert
MONDAY	Soup of the day served with Freshly baked breads Selection of Toppers	Chicken Dhansak with lentils & chickpeas Mattar Panner Aalu Gobi	Jacket potato with fillings Baked beans, cheese or Chef's daily special Pasta with tomato or cream sauce Selection of fruit	Saffron pilau rice Masala carrot Red onion Raita Poppadom	Carrot rapees salad Green bean & broad bean with pickled onion Selection of dressings and toppers	Apple & pear crumble Custard Dessert pots
TUESDAY	Soup of the Day served with Freshly baked breads Selection of toppers	Roast pork chop Chicken sausage & butterbean cassoulet Lancashire vegetable hot pot	Jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Roasted potatoes Yorkshire pudding Green beans Rosemary gravy	Rice salad with fresh kachumber Turkish spiced aubergine and chickpea salad. Selection of dressings and toppers	Orange drizzle polenta cake Dessert pots
WEDNESDAY	Soup of the day served with Freshly baked breads Selection of toppers	Jerk chicken Jamaican vegetable pattie pie with plantain chutney Trinidad chickpea & potato curry	Jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Rice & peas Savoy cabbage Sweetcorn	Mexican bean salad Fusilli pasta with rocket and Marinara sauce Selection of dressings and toppers	Banana and caramel sponge pudding Dessert pots Chocolate custard
THURSDAY	Soup of the day served with Freshly baked breads Selection of toppers	Beef bolognese Macaroni cheese Butternut squash, cheese & olive gnocchi	Jacket potato bar with fillings Baked beans, cheese or Chefs daily special Selection of fruit	Penne pasta Herby garlic bread Pesto broccoli	Mix grain tabouleh Mediterranean vegetable salad with baby spinach Selection of dressings and toppers	Chocolate sponge Chocolate custard Dessert pots
FRIDAY	Soup of the day served with Freshly baked breads Selection of toppers	Southern fried chicken Goujons Fish dog Quorn chilly dog with crispy onions	Served jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Chipped potatoes Peas Baked beans Tomato sauce Tartare sauce Lemon	Peruvian slaw, crunchy chopped vegetables with chilli and lime New potato Salad, chopped free range egg, spring onions and mustard dressing Selection of dressings and toppers	Jam crispy slice Dessert pots



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Lunch – Week 2

	Soup of the Day	Mains	Daily Options	Sides	Simple Salads & Deli	Dessert
MONDAY	Soup of the day served with Freshly baked breads Selection of toppers	Chicken katsu Smoked tofu & sweet potato curry Vegetable & edamame beans yakisoba noodle	Jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Scallion rice Katsu sauce Miso dressed green beans. Pickled cucumber & ginger	Tomato, spinach, with bocconcini salad, balsamic glaze Spelt salad, chili roasted butterbeans and grilled lemon. Selection of dressings and toppers	Blackberry and apple pie Cinnamon cream Dessert pots
TUESDAY	Soup of the day served with Freshly baked breads Selection of toppers	Beef meat balls in Alfredo sauce Vegan spaghetti bolognaise Baked aubergine parmigiana with pomodoro sauce	Jacket potato bar with fillings Baked beans, cheese or Chefs daily special Selection of fruit	Pasta Garlic and oregano bread Mixed greens, olive oil Roasted carrots	Tuna niçoise salad Mixed bean salad, roasted onions lime dressing Selection of dressings and toppers	Peach crumble Custard Dessert pots
WEDNESDAY	Soup of the day served with Freshly baked breads Selection of toppers	Louisiana BBQ chicken leg Buffalo cauliflower steak served with hot mustard and lentils White bean oregano roasted courgette, kale and tomato	Jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Paprika roasted potatoes Charred corn on the cob. Glazed carrot	Roasted fennel, Puey lentil salad vinaigrette dressing. Pasta with mix pepper salad Selection of dressings and toppers	Jam and coconut sponge Custard Dessert pots
THURSDAY	Soup of the day served with Freshly baked breads Selection of toppers	Thai beef jungle curry Yellow sweet potato & vegetable curry Tofu steak with wow butter sauce	Jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Fragrance rice Broccoli & pak choi Bean sprout & cabbage slaw	Quinoa with cherry tomato & curried chickpeas Kale with roasted peppers, pickled shallots, and butterbeans Selection of dressings and toppers	Sticky jamaica cake with stem ginger syrup Dessert pots
FRIDAY	Soup of the day served with Freshly baked breads Selection of toppers	Fish finger Battered fish Sausage, chips with chippy curry sauce Vegan fish finger	Served jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Chipped potatoes Peas Baked beans Tomato sauce Tartare sauce Gherkins	Charred broccoli, wilted spinach, and sun-dried tomato, feta dressing. Rice vermicelli noodles, asian vegetables, sake and mirin dressing Selection of dressings and toppers	Sticky toffee pudding Toffee custard Dessert pots



St Paul's School

Lunch – Week 3

	Soup of the Day	Mains	Daily Options	Sides	Simple Salads & Deli	Dessert
MONDAY	Soup of the day served with Freshly baked breads Selection of toppers	Chicken chasseur Sausage and tomato casserole Chipotle, sweet potato and black bean stew	Jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	New potatoes with parsley butter Roasted root vegetables Peas with onions	Seasonal vegetables salad Lentils and hot and sour shallots Cous cous salad, roasted peppers and preserved lemon dressing Selection of dressings and toppers	Carrot cake with orange frosting Dessert pots
TUESDAY	Soup of the day served with Freshly baked breads Selection of toppers	Classic cottage pie Lentil and vegetable hot pot topped with sweet potato Chestnut mushroom and sweet potato tart	Jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Creamy mashed potatoes Wilted seasonal greens Steamed carrots	Tomato, red onion and grilled aubergine salad with basil oil. Coronation potato salad, curry mayonnaise, coriander and apricots Selection of dressings and toppers	Lemon syrup sponge pudding Custard Dessert pots
WEDNESDAY	Soup of the day served with Freshly baked breads Selection of toppers	Butter chicken Vegan cauliflower curry Matar paneer with sticky peppers	Jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Steamed rice Bombay potatoes Green beans Poppadom's Mango chutney	Sweet potato, grilled courgette & pear salad, paprika oil. Noodle salad, teriyaki dressing, asian vegetable. Selection of dressings and toppers	Chocolate and cherry Flapjack Dessert pots
THURSDAY	Soup of the day served with Freshly baked breads Selection of toppers	Macaroni cheese with cajun pulled pork Vegetarian lasagna Spinach pesto, butter bean and green bean gnocchi	Jacket potato bar with fillings Baked beans, cheese or Chefs daily special Selection of fruit	Garlic bread Broccoli Buttered leeks	Superfood salad, quinoa, wilted greens, green goddess dressing. Orzo pasta salad, baby spinach, tomato and olives. Selection of dressings and toppers	Butterscotch banoffee pie Dessert pots
FRIDAY	Soup of the day served with Freshly baked breads Selection of toppers	Chicken burger Creamy spinach and tarragon fish casserole Feta and beetroot burger, cucumber salsa	Served jacket potato with fillings Baked beans, cheese or Chefs daily special Pasta with tomato or cream sauce Selection of fruit	Chipped potatoes Peas Baked beans Tomato ketchup Aioli	Celeriac remoulade, mustard mayonnaise, chopped gherkins and parsley. Grao de bico Chickpeas with Mediterranean vegetables and goat's cheese Selection of dressings and toppers	American pancake with chocolate sauce Dessert pots