



St Paul's School

# Lunch – Week 1

	Soup of the Day	Mains	Daily Options	Sides	Simple Salads & Deli	Dessert
MONDAY	Soup of the day Served with freshly baked breads Selection of toppers	Chicken Tikka Masala Potato and yellow lentil curry Cauliflower and chickpea Curry	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Pilau rice Bombay potato Green beans Mixed poppadom Mango chutney	Greek salad Brown rice and broad bean salad Selection of dressings and toppers	Apple and pear crumble Custard Dessert pots
TUESDAY	Soup of the day Served with freshly baked breads Selection of toppers	Beef Bolognese Macaroni cheese Butternut and feta crumble bake	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Pasta Garlic and herb bread Broccoli Sweetcorn	Quinoa super cauliflower salad with coriander dressing Turkish spiced aubergine and chickpea salad	Orange drizzle polenta cake Dessert pots
WEDNESDAY	Soup of the day Served with freshly baked breads Selection of toppers	Chicken, mushroom and Butterbean pastry top pie Butcher's sausage Meat-free soy protein sausages	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Mashed potato Glazed carrots Crispy onions Peas Gravy	Classic Tabbouleh, Penne pasta with rocket and pesto	Banana and caramel sponge pudding Dessert pots Chocolate custard
THURSDAY	Soup of the day Served with freshly baked breads Selection of toppers	Roast glazed ham Cheese, leek and potato bake Stuffed squash, bean and mushroom ragu	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Roasted potatoes Yorkshire pudding Carrots Cabbage Parsley sauce	Roasted chipotle root vegetables and black bean salad, Burnt broccoli Caesar, croutons and parmesan crisps	Bread and butter pudding Custard Dessert pots
FRIDAY	Soup of the day Served with freshly baked breads Selection of toppers	Southern fried chicken Goujons Fish dog Quorn chilly dog with crispy onions	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Chipped potatoes Peas Baked beans Tomato sauce Tartare sauce Lemon	Peruvian slaw Crunchy chopped vegetables with chili and lime New potato salad, chopped free range egg, spring onions and mustard dressing	Jam crispy slice Dessert pots





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# Lunch – Week 2

	Soup of the Day	Mains	Daily Options	Sides	Simple Salads & Deli	Dessert
MONDAY	Soup of the day Served with freshly baked breads Selection of toppers	Potato gnocchi Roasted cherry tomato Rocket Potato gnocchi with beef bolognaise Pasta puttanesca	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Garlic and oregano bread Mixed greens Olive oil Roasted carrots	Tomato, spinach, avocado and mozzarella salad with balsamic glaze Spelt salad Chili roasted butterbeans Grilled lemon	Blackberry and apple pie Cinnamon cream Dessert pots
TUESDAY	Soup of the day Served with freshly baked breads Selection of toppers	Katsu chicken Sweet potato katsu Vegetable Chow Mein with soy mince and edamame	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Spiced rice and beans Katsu sauce Roasted butternut Aubergine Sweet potatoes Onion Curry oil	Tuna niçoise pasta salad Mixed bean salad Roasted onions Lime dressing	Peach crumble Custard Dessert pots
WEDNESDAY	Soup of the day Served with freshly baked breads Selection of toppers	Sticky glaze BBQ chicken leg Sticky BBQ tofu and vegetable stacks Seasonal vegetable and soy mince hot pot sliced sweet potato topping	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Paprika roasted potatoes Smashed peas Glazed carrot and squash Smoky BBQ gravy	Sautéed mushroom and roasted fennel salad with vinaigrette dressing Herby rice salad	Jam and coconut sponge Custard Dessert pots
THURSDAY	Soup of the day Served with freshly baked breads Selection of toppers	Chili Con Carne Mexican mixed bean chili Cheesy bean quesadilla Sour cream	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Herby rice Corn on the cob Tortilla chips Tomato Salsa	Shaved red cabbage, apple and orange salad with cider vinegar dressing Kale with roasted peppers Pickled shallots Butterbeans	Sticky Jamaica cake with stem ginger syrup Dessert pots
FRIDAY	Soup of the day Served with freshly baked breads Selection of toppers	Battered fish fillet Chicken Shawarma flat bread, shredded cabbage and mint yoghurt Breaded brie with tomato chutney	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Chipped potatoes Peas Baked beans Tomato sauce Tartare sauce Gherkins	Charred broccoli, wilted spinach and sun-dried tomato salad with feta Rice vermicelli noodles Asian vegetables with sake and mirin dressing	Sticky toffee pudding Toffee custard Dessert pots





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# Lunch – Week 3

	Soup of the Day	Mains	Daily Options	Sides	Simple Salads & Deli	Dessert
MONDAY	Soup of the day served with Freshly baked breads Selection of toppers	Butter chicken Vegan cauliflower curry Seasonal vegetable Tempura, chili sauce	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Steamed rice Bombay potatoes Green beans Poppadom's Mango chutney	Sweet potato, grilled courgette pear salad, paprika oil Noodle Salad, teriyaki dressing, Asian vegetable	Chocolate and Cherry Flapjack Dessert Pots
TUESDAY	Soup of the day served with Freshly baked breads Selection of toppers	Beef and vegetable hot pot Lentil and vegetable hot pot Sweet potato top Chestnut mushroom wellington, spinach and puff pastry	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Creamy mashed potatoes Wilted seasonal greens Steamed carrots	Tomato, red onion and grilled aubergine salad with basil oil Coronation potato salad with curry mayonnaise, coriander and apricots	Lemon syrup sponge pudding Custard Dessert pots
WEDNESDAY	Soup of the day served with Freshly baked breads Selection of toppers	Chicken Chasseur Sausage and tomato casserole Vegan soy protein sausage and vegetable casserole	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	New potatoes with parsley butter Roasted root vegetables Peas with onions	Seasonal vegetables salad Lentils and hot and sour shallots Cous cous salad Roasted peppers and preserved lemon dressing	Carrot cake with orange frosting Dessert Pots
THURSDAY	Soup of the day served with Freshly baked breads Selection of toppers	Macaroni cheese with Cajun pulled pork Macaroni cheese Kale Mac n Cheese	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Garlic bread Broccoli Buttered leeks	Superfood salad with quinoa, wilted greens, green goddess dressing Orzo pasta salad with baby spinach, tomato and olives	Butterscotch banoffee pie Dessert pots
FRIDAY	Soup of the day served with Freshly baked breads Selection of toppers	Chicken burger Seafood paella Feta and beetroot burger Cucumber salsa	Jacket potato with fillings Baked beans, cheese or Chef's Daily Special Pasta with tomato or cream sauce Selection of fruit	Chipped potatoes Peas Baked beans Tomato ketchup Aioli	Celeriac remoulade, mustard mayonnaise, chopped gherkins and parsley. Grao de bico Chickpeas with Mediterranean vegetables and goat's cheese	American pancake with chocolate sauce Dessert pots